Compulsive Gambling Counseling Services

- Compulsive gambling services are offered at the Behavioral Health office with continuing support throughout treatment.
- Individuals can be referred by Tribal Courts, outside agency, family or community member.
- bling disorder, is the uncontrollable urge to keep gambling despite the toll it takes on your life. Gambling means that you're willing to risk something you value in the hope of getting something of even greater value.
- reward system much like drugs such as alcohol can, leading to addiction. If you're prone to compulsive gambling, you may continually chase bets, hide your behavior, deplete savings, accumulate debt, or even resort to theft or fraud to support your addiction.
- Compulsive gambling is a serious condition that can destroy lives. Although treating compulsive gambling can be challenging, many compulsive gamblers have found help through professional treatment.



360 Fog Road/ P.O. Box 580 Espanola, NM 87532

Main: 505-692-6315 Fax: 505-692-6341 Office Hours: 8:00 A.M.—4:30 P.M. Mon-Fri

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Evidence Based Services

- Addictions counseling
- Children/Adolescents Counseling
- Mental Health Services
- Parenting Classes
- Case Management
- Crisis Intervention
- Medicaid Enrollment

Out Patient Services

- Screenings/ Assessments
- Individual Counseling
- Family Counseling
- Alcohol/ Drug Education
- Matrix IOP
- Relapse Prevention
- Family Education

Youth Counseling

- Screening/ Assessments (Age appropriate)
- Individual/ Family Counseling
- Case Management



Mental Health Services

 A psychosocial assessment is an evaluation of patient's mental, physical, and emotional health. It takes into account not only the Mental health of the patient, but also the patient's perception of self and his or her ability to function in the community.

Parenting Classes

- Parenting classes are offered by request of the client or by referral of Clinical Therapist, Tribal Courts, or referring agency.
- 8 consecutive sessions are completed based on the "Positive Indian Parenting" manual which is approved by the National Indian Child Welfare Association (NICWA).

Marriage Counseling

- Marriage Counseling is offered by request of the client or by referral of Clinical Therapist, Tribal Courts, or referring agency.
- Marriage counseling, also called couples therapy, is a type of psychotherapy. Marriage counseling helps couples of all types recognize and resolve conflicts and improve/rebuild their relationships.

Case Management

- Referrals to outside agencies
- Weekly case file reviews
- Liaison between departments



Domestic Violence Services

- Counseling services
- Duluth Model
- Case Management

Suicide Prevention

- Emergency call outs to Behavioral Health staff as request by Law Enforcement.
- 5 step Suicide prevention plan.
 - Call New Mexico Crisis Access Hotline which is available 24/7 please call 855-662-7474
 - 2. Call 911 or local Law Enforcement office—Santa Clara Law Enforcement 505-753-2903
 - 3. Go to the nearest emergency room, police station or fire station.

All Services emphasis on Native American Culture,

Traditions and Values.

All services are covered by Confidentiality.

